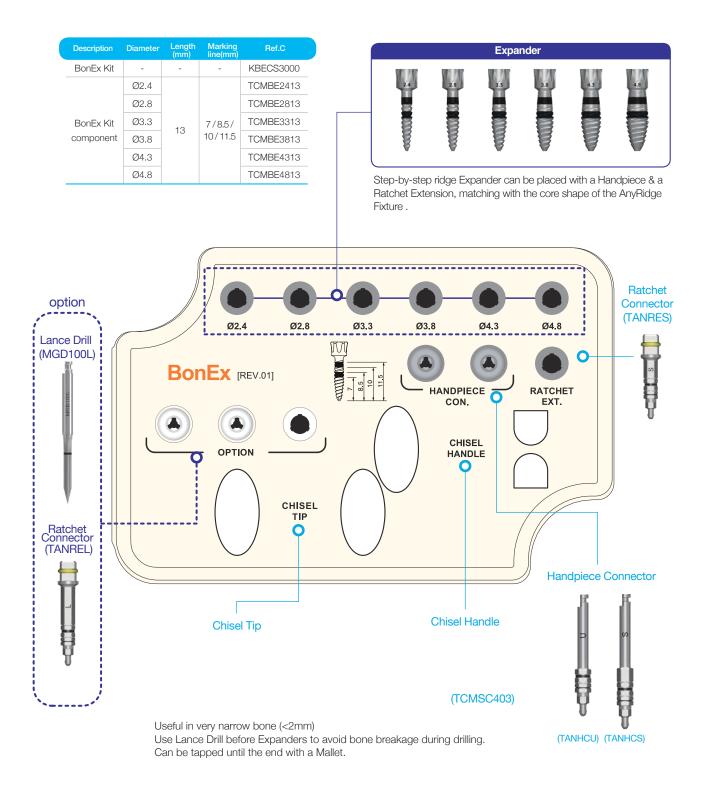
II. BonEx Kit™

- : Best combination with SmarThorTM
- : Perfect for the exceptionally difficult cases



Procedures of Ridge Split Technique



Step 1. Indications

Ridge Splitting techniques may be used in any case with a narrow ridge. Single implant or limited space cases, however, offer less room for expansion.

If the narrow ridge consists solely of cortical bone with no intervening cancellous bone, it will be difficult to achieve a good ridge split. Also, it is advised to be cautious in the maxillary anterior as ridge splitting may cause the labial cortical bone to move too labially, resulting in severe angulation of the implants.



Step 2. Incision

Incision line is recommended to be at the center of remaining keratinized tissue.

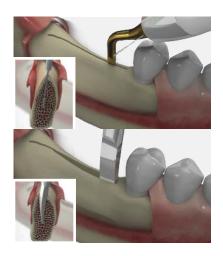
A longer horizontal incision is better to permit adequate sawing for ridge splitting. One toothsize more, mesially and distally.



Step 3. Flap reflection

Full thickness or Full-to-partial thickness flap is recommended.

If the ridge crest is less than 2mm, it is advisable to reduce the crestal bone until the width is at least 2mm.



Step 4. Sawing(with SmarThor)

Sawing starts from the center of ridge.

The ridge should be cut slightly at a buccal angulation, because resorption occurs on buccal bone. If the lingual bone is too thin after sawing, splitting may occur to the lingual side making implant position too far lingual. Thin ridged bone should be cut to the depth of implant length. For example, if the intended implant length is 8.5mm, the incision should be cut to 8.5mm. In most cases, vertical bone cutting is not necessary when you place AnyRidge implant. Only small offsets at the ends of horizontal bone cutting are enough to guide the direction of ridge expansion if needed.

Try to maintain lingual bone thicker than buccal to expand thin ridge buccally. Slightly angulated cutting is recommended.

Chiseling (Optional)

If the crest is less than 2mm, it's better to expand with a Chisel first. It is to avoid bone defects which can be made with drilling on the thin ridge. Light tapping with a Mallet will be enough.



Step 5. Drilling

Now drill at the desired position and axis of implant.

In ridge expansion technique, lance and 2mm drilling is enough in most cases. It's only to guide the implant path. If a flat-bottomed implant was planned, drilling should be extended to the diameter recommended by the manufacturer, resulting in the dehiscence defect before implant placement.

Expanding with BonEx kit (Optional)

Slow expansion with BonEx Kit is recommended.

The Expanders can be engaged easily with bone by a handpiece (50 Ncm). If it stops before the depth of osteotomy, use a Torque Wrench or a Ratchet Wrench with Ratchet Extension. Same procedure can be repeated with wider diameter of Expander.



Step 6. Implant placement

Place the implants when the ridge is expanded adequately or has enough flexibility.

If you use Expanders, it's better to leave an Expander during placement of the first implant to keep the ridge expanded. Torque force up to 60-70 Ncm will be fine to place an implant.



Step 7. Bone graft & Membrane

The remaining bone defects can be filled with any kind of bone graft material. Resorbable membrane is recommend for better bone filling.



Step 8. Suture

One stage or two stage approach can be chosen according to the conditions, but it is recommended to finish several cases with a successful result before trying one stage surgical approach.

Adequate periosteal releasing incision is needed if primary closure is planned.



AnyRidge is Perfect for ressRidge Splitting With SmarThor

Compare the drilling site with ridge width!

SmarThor & AnyRidge is possible to place wider diameter implant with minimal drilling after ridge splitting even thin ridge under 2mm. It can sure minimally invasive surgery & more efficient result.













Specially Designed Saw for Ridge splitting

Thor's narrow blade enable cutting of super narrow bone crest.











Well tapered body. Knife Threads.

Narrow platform gives no stress to split cortical bone!



Only Three buttons!
On & Off, Foot switch, Power Boost
Stronger vibration wave & vibration frequency

than other piezos.





Knife Threads make insertion easier, and have an excellent engagement into bone! Its macro shape helps maintain more buccal and lingual cortical bone than any other implant system in the market today.

Have you made the PARADIGM SHIFT yet?

Do it the AnyRidge Way

Excellent primary stability with Knifethread®

- · For smooth insertion & stronger primary stability
- No cutting edge for minimal invasion
- · Perfect results with any bone condition

Excellent secondary stability with Xpeed®

- Faster & stronger osseointegration
- · Surface technology incorporating Ca²⁺ ions on S-L-A treated surface
- 100% acid-residue-free surface



III.Clinical Cases 1: Mandibular Posterior - Courtesy of Dr. Kwang-Burn Park

Fig 1. A 79 year-old female patient visited with a chief complaint of chewing difficulty on the mandibular molar area. She had been using a denture for more than 30 years. The ridge was narrow, which needed an expansion. She was physically healthy. Considering her age, the ridge split technic was decided to be done.

Fig 2. The ridge width was about 3mm on the crest. The ridge was splitted with a thin saw (only horizontally to the depth of implant length) (11.5, 10, 8.5 and 7mm from front to back, respectively), then 2mm lance drilling was done. Compare the drilling site with ridge width.

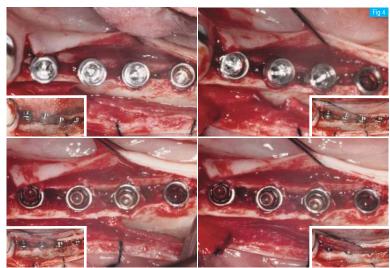
Fig 3. Fixtures were placed with a handpiece which was set on 40 Ncm torque force. Each fixture stopped at the level shown on the picture. Then the fixtures were screwed down with a Torque Wrench, one full turn on each fixture sequentially.

Fig 4. All the fixtures were placed completely, 1 mm under the crest in consideration of bone remodeling. The crestal bone was splited enough to make ideal width.

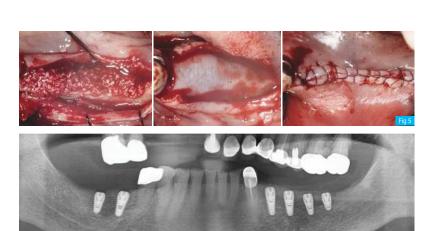








- Fig 5. The gap defect was filled with Mega-Oss allograft and covered with a collagen membrane. Then primary closure was made.
- **Fig 6** Postoperative panoramic radiograph. The other side was done with same procedure
- Fig 7. The healing was uneventful, and the second stage surgery was done with simple incision after 3 months.
- Fig 8. Intraoral radiographs taken at the following procedures. The crestal bone was well maintained with excellent bone regeneration with the ridge split technique.







III.Clinical Cases 2: Mandibular Posterior - Courtesy of Dr. Kwang-Bum Park

Fig 1. A 74 year-old female patient visited with chief complaints of denture discomfort and chewing difficulty on the mandible. Through the intraoral and radiographic examinations, she showed problems on many teeth, but she wanted to treat edentulous area first. Both mandibular molar area showed thin ridges which needed to be expanded for implant placement.

Fig 2. When the flap was reflected on the right side, the ridge width was less than 3mm. The ridge was sawed with a SmarThor horizontally to the depth of 10 mm.

Fig 3. Only hole by Lance Drill (2mm in diameter) was made on the anterior two implant sites, and 2.9mm drilling was done on the second molar area. Then $\varnothing 4.5 \times 10$ mm AnyRidge implants were placed for the two molars. The 50Ncm-set handpiece stopped at the level shown at the center picture. Compare the ridge width and the size of AnyRidge fixtures on the right.

Fig 4. The first molar implant was placed. Due to the special structure of the AnyRidge Implant system, the cortical bone on the top showed greenstick fracture during placement, but when the implant was placed completely under the crest, the fractured bone came back to the original position.

Fig 5. Small amount of Mega-Oss[™] allograft and collagen membrane were placed to enhance regeneration, and primary closure was made.

Fig 6. Postoperative panoramic radiograph.

Fig 7. 3 months after the ridge split and implant placement, the second stage surgery was made with simple incision and flap, just by splitting the remaining keratinized tissue into two, despite its being limited. The bone was regenerated excellently.

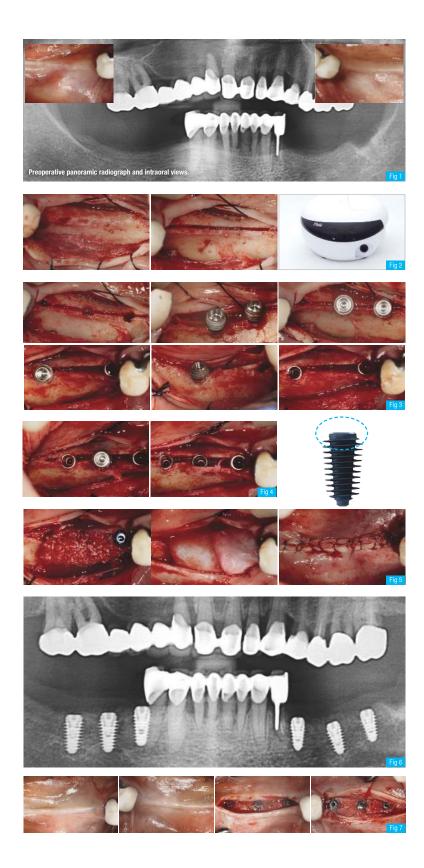


Fig 8. 4mm diameter Healing Abutments were connected. Smaller diameter Healing Abutments were recommended in the case of limited keratinized tissue in order to help preserve the tissue.

Fig 9. Final restorations were delivered following the routine procedure. All implant prosthetics were made as a single crown.

Fig 10. At the first follow-up visit after 3 months from the final restoration delivery, the gingival condition had improved.

Fig 11. Intra-oral radiographs with clinical procedures and follow-up. All the implants were restored as a single crown. The crestal bone showed excellent response to all implants.

